



**Y**ou do not need to be an artist or know how to sew to create a moving, personal tribute. Whether you choose to use paint on a bedsheet or sew elaborate embroidery is up to you - any remembrance is appropriate.

You may choose to create a panel privately as a personal memorial to someone you've loved, but we encourage you to follow the traditions of old-fashioned sewing and quilting bees by including friends, family, and co-workers in the panel making process.

#### Designing A Panel

When designing a panel, remember that the Quilt will be folded and unfolded many times, so durability of design and materials used are crucial to the panel's longevity.

Include the name of the friend or loved one you are remembering. Please limit each panel to one individual. Feel free to include additional information such as the dates and places of birth and death.

#### Size and Background Material

The size of a completed panel is 3' x 6'. Since panels are sewn together, it is advisable to leave at least 1/2" around the edge of the panel you create without any design - especially words and pictures. This will ensure that all of your design will be visible when the panels are joined.

Select a durable and medium-weight non-stretch fabric for the background. After you have painted or sewn the design on the panel, hem it to 3' x 6'. If you can't sew, please leave 3" of extra fabric on each side of the panel.

#### Assembling A Panel

Your design can be vertical or horizontal. To construct a panel, you might want to use some of the following techniques:

**Applique:** Sew fabric, letters and small mementos onto the background fabric. Avoid glue if you can. It won't last.

**Paint:** Brush on textile paint or color-fast dye, or use a permanent marker. Spray paint also works. Do not use "puff" paint made for t-shirts, it's too sticky, will ruin other panels, and will not last

**Stencil:** Trace your design onto the fabric with a pencil, lift the stencil and use a brush to apply paint - or use permanent markers.

**Collage:** Make sure that whatever materials you add to the panel won't tear the fabric. Avoid large three-dimensional objects or heavy metal pieces. Instead, re-create the object in fabric and sew that to the panel - it's effective and fun!

**Photos:** The best way to include photos or letters is to photocopy them onto iron-on transfers, iron them onto 100% cotton fabric and sew that fabric to the panel. You may also put the photo in clear plastic vinyl and sew it to the panel (off center so it avoids the folds).

IT IS IMPORTANT FOR YOU TO FURNISH THE INFORMATION BELOW SO THAT WE CAN CONTACT YOU:

PRIMARY PANEL MAKER(S) INFORMATION		OFFICE USE ONLY
Please print		
Name _____		Prod. Code _____
Street _____		12 X 12 No. _____
City _____	State _____	ZIP _____
Phone (eve): _____	(day): _____	Date Rec'd. _____
NAME(S) ON PANEL Please print _____		
FULL NAME(S) IF DIFFERENT FROM ABOVE (Optional) _____		
My status as a panelmaker is confidential but I understand I will receive The NAMES Project newsletter and other communications from the Foundation.		The person I made the panel for was my: _____
<input type="checkbox"/> I am already on the mailing list	<input type="checkbox"/> Please do not exchange my name	(relationship) _____
Also, I am willing to be contacted by The NAMES Project when:		Letter <input type="checkbox"/> Photo <input type="checkbox"/> \$ _____
<input type="checkbox"/> Media people are interested in my story or the panel	<input type="checkbox"/> Someone requests information about the panel	Dates on Panel _____
		I acknowledge that The NAMES Project Foundation is the owner of this panel and any accompanying documents I submit, and I assign to The NAMES Project Foundation any right, title, and interest I may have in such submissions.
		Signed _____
		Dated _____